

Foundational - Restraint Initiation and Management

Use of restraints is a last resort measure to contain behaviour escalation. Physical restraints refer to when the staff physically hold/restrain the patient for any amount of time. Mechanical restraints refer to when a tool is used to restrain the patient (i.e. four-point restraints).

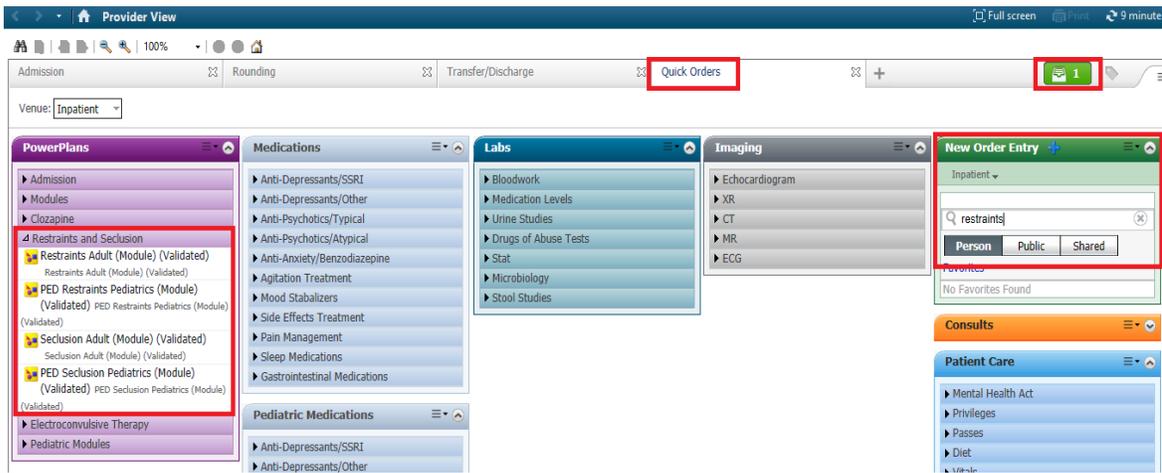
No matter the type of restraints used, the same order and documentation process ensues. This begins with the Nurse contacting the Provider to assess the patient and place the necessary orders when the situation is contained.

Provider Steps

1. Search for the **Restraint** PowerPlan order in the PowerPlans folder in the Quickorders page. Alternatively, you may use the New Order Entry function on the Quick Orders page.

Choose the order that is appropriate for your work area and patient population. For example, if you are in the ED, choose ED Restraint. If you are in a Pediatric area, choose PED Restraint.

Click the **Orders for Signature** button and select **Modify** in the Orders for Signature window.

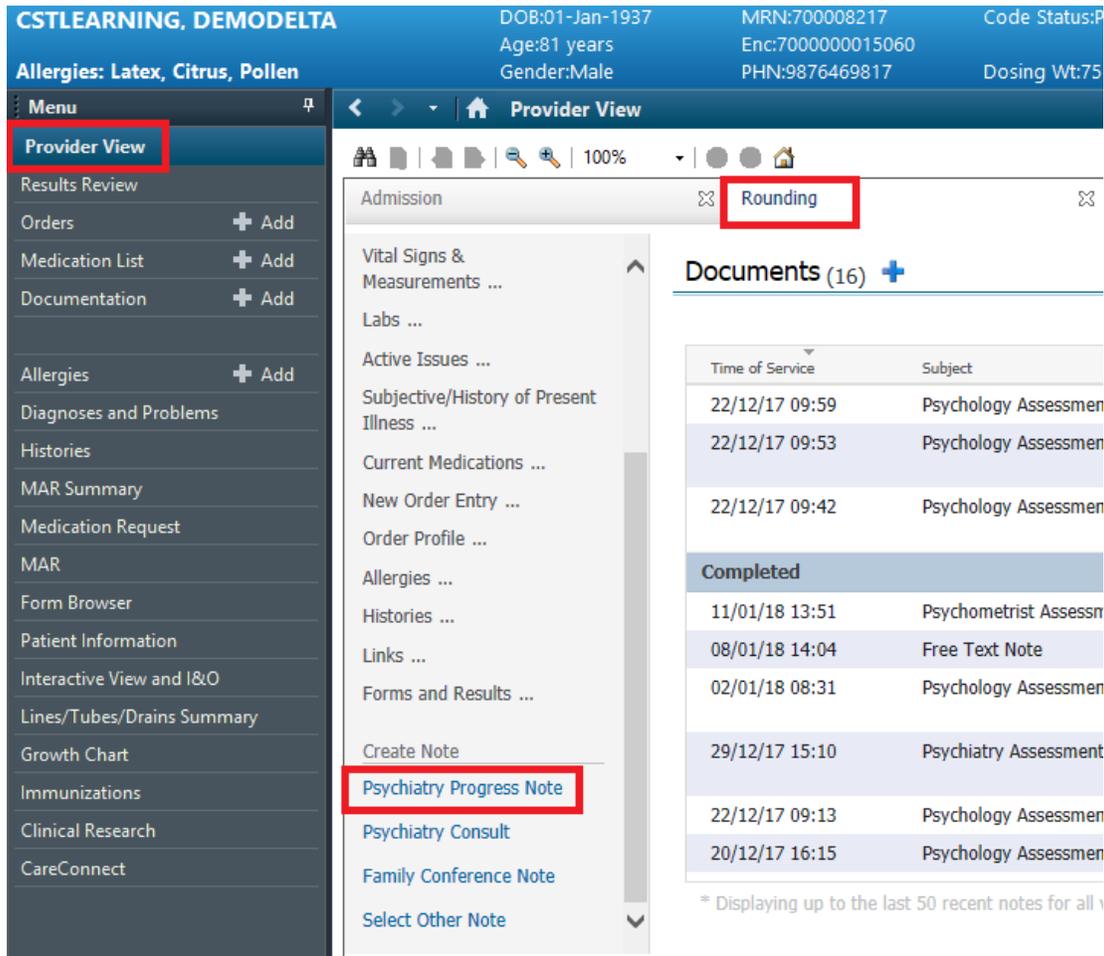


There are 3 components to the Restraint order: Initiation, Monitoring and Evaluation, and Debrief. These options are preselected for your convenience.

Component	Status	Dose ...	Details
Restraints Adult (Module) (Validated) (Planned Pending)			
<input checked="" type="checkbox"/> Restraints Initiation			T;N Orders must be reviewed as per site guidelines
<input checked="" type="checkbox"/> Restraints Monitoring and Evaluation			T;N Monitor and evaluate as per site guidelines
<input checked="" type="checkbox"/> Restraints Debrief			T;N Reflection and review is to be completed as soon as possible within 24 hours

Initiate and **Sign** the orders to record them in the system. This immediately activates the Restraint PowerPlan.

2. Complete a **Progress Note** to document your assessment by selecting the **Psychiatry Progress Note** shortcut from the Rounding tab of the Provider View page.



CSTLEARNING, DEMODELTA DOB:01-Jan-1937 MRN:700008217 Code Status:P
 Allergies: Latex, Citrus, Pollen Age:81 years Enc:7000000015060
 Gender:Male PHN:9876469817 Dosing Wt:75

Menu ▾ Provider View

Provider View (highlighted)

Results Review

Orders + Add

Medication List + Add

Documentation + Add

Allergies + Add

Diagnoses and Problems

Histories

MAR Summary

Medication Request

MAR

Form Browser

Patient Information

Interactive View and I&O

Lines/Tubes/Drains Summary

Growth Chart

Immunizations

Clinical Research

CareConnect

Admission Rounding (highlighted)

Vital Signs & Measurements ...

Labs ...

Active Issues ...

Subjective/History of Present Illness ...

Current Medications ...

New Order Entry ...

Order Profile ...

Allergies ...

Histories ...

Links ...

Forms and Results ...

Create Note

Psychiatry Progress Note (highlighted)

Psychiatry Consult

Family Conference Note

Select Other Note

Documents (16) +

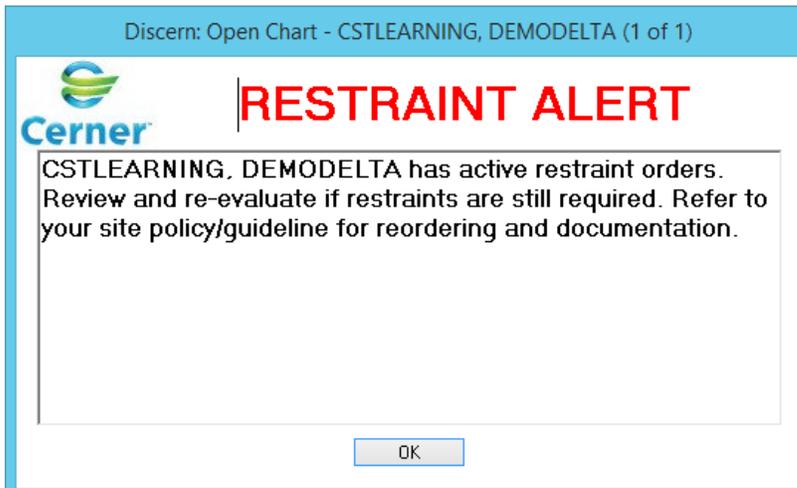
Time of Service	Subject
22/12/17 09:59	Psychology Assessment
22/12/17 09:53	Psychology Assessment
22/12/17 09:42	Psychology Assessment
Completed	
11/01/18 13:51	Psychometrist Assesr
08/01/18 14:04	Free Text Note
02/01/18 08:31	Psychology Assessment
29/12/17 15:10	Psychiatry Assessment
22/12/17 09:13	Psychology Assessment
20/12/17 16:15	Psychology Assessment

* Displaying up to the last 50 recent notes for all

3. Based on your assessment, cancel and reorder or discontinue the Restraints Monitoring and Evaluation order.



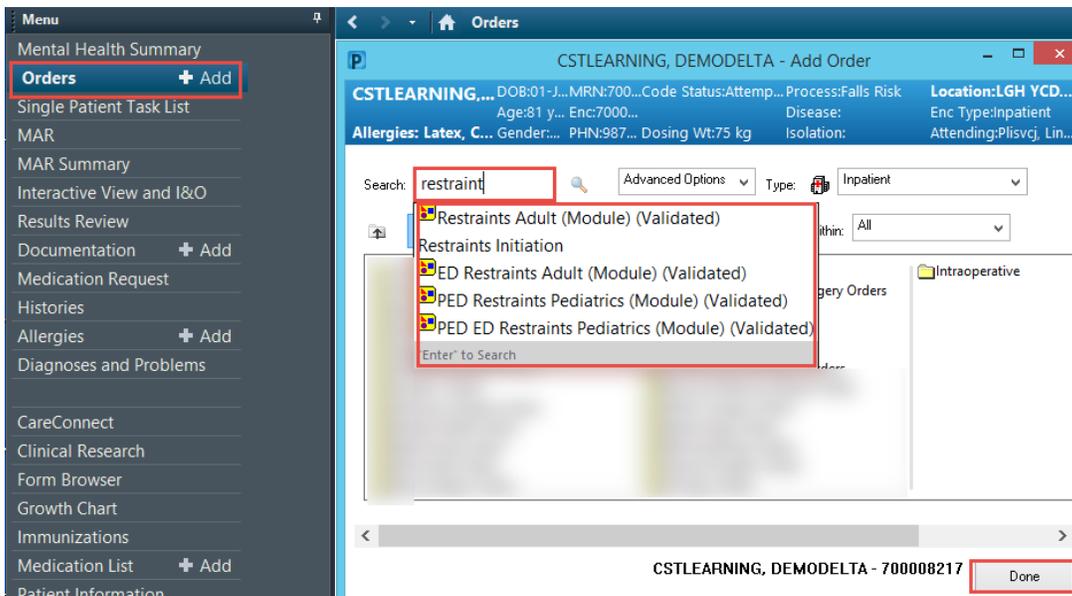
NOTE: The system will alert you once every 24 hours for adults and once every 1 hour for children and youth under 18 years old to review the restraint order.



4. Participate in the unit debrief once the restraints are discontinued.

Nurse Steps

1. Review the restraint order placed by the Provider. If the Provider is unable to enter an order in the system, enter the restraint order that is appropriate based on your work area and patient population. For example, if you are in the ED, choose ED Restraints. If you are in a Pediatric area, choose PED Restraints.





WARNING: For nurse-initiated restraints in emergency situations without an order, enter an order for cosignature at a later time using the on-call or Most Responsible Provider's name.

For an order received by the Provider verbally or by telephone, enter a verbal or telephone order using that Provider's name.

Ordering Physician

Restrains Adult (Module) (Validated)

***Physician name**

***Order Date/Time**

27-Feb-2018 0906 PST

***Communication type**

- Phone
- Verbal
- No Cosignature Required
- Cosignature Required
- Paper/fax
- Electronic

OK Cancel

2. Click **Orders for Signature** and **Sign** the PowerPlan.

There are 3 components to the restraint order: **Initiation, Monitoring and Evaluation, and Debrief**. All 3 components fire tasks to the CareCompass Task List.

- Document the **Restraints Initiation** task found in the **Scheduled/Unscheduled** tab of the CareCompass Task List.

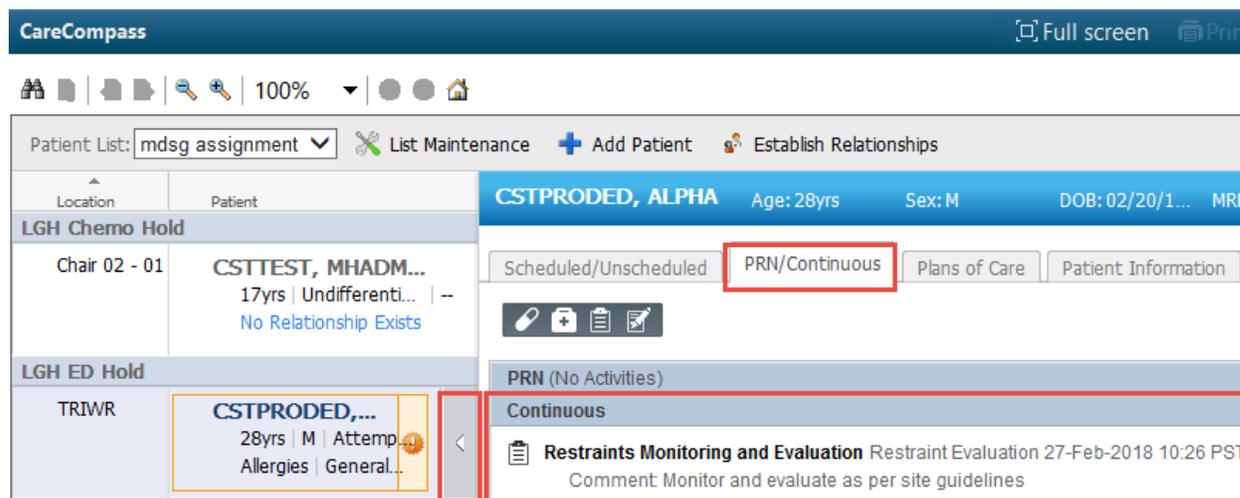
The screenshot shows the CareCompass interface. At the top, there are navigation options like 'Full screen', 'Print', and '9 minutes ago'. Below that, there's a patient list with columns for 'Location' and 'Patient'. The patient 'CSTPRODED, ALPHA' is selected. The interface shows various tabs: 'Scheduled/Unscheduled' (highlighted in red), 'PRN/Continuous', 'Plans of Care', and 'Patient Information'. Under the 'Scheduled/Unscheduled' tab, there are buttons for '2 Hours', '4 Hours', and '12 Hours'. Below this, there's a 'Current' section with a list of tasks. The 'Restraints Initiation' task is highlighted in red. The task details are: 'Restraints Initiation Restraint/Seclusion Initiation 27-Feb-2018 10:26 PST, Stop: 27-Feb-2018 10:26 PST Comment: Orders must be reviewed as per site guidelines'.

- Initiate restraint care and monitoring as per the site's policies.

Document your observations as per your site policy. If you are in a Mental Health care area, you can access the observation record through iView or Safety and Attendance found in the Organizer toolbar.

The screenshot shows the PowerChart Organizer for TestUse interface. At the top, there's a menu bar with 'Task', 'Edit', 'View', 'Patient', 'Chart', 'Links', 'Navigation', and 'Help'. Below the menu bar, there's a toolbar with various icons. The 'Safety and Attendance' icon is highlighted in red. Other icons include 'CareCompass', 'Clinical Leader Organizer', 'Patient', 'CareConnect', 'PHSA PACS', 'VCH and PHC PACS', 'MUSE', 'FormFast WFI', 'Exit', 'AdHoc', 'Medication Administration', 'PM Conversation', and 'Medical'.

Document a more detailed assessment in the **Restraints Monitoring and Evaluation** task found in the **PRN/Continuous** tab of the CareCompass Task List



5. Once the patient is ready to be released from restraints, a Nurse or Provider can discontinue the **Restraints Monitoring and Evaluation** order. The Restraints Debrief order can remain on the chart until the debrief is completed.
6. Debrief with the team and document this in the **Restraints Debrief** task in the Scheduled/Unscheduled tab of the CareCompass Task List.
7. Update violence alerts or other risk alerts in the patient chart as necessary.
8. Report the incident in your site's safety reporting system.

Related Topics:

- Foundational – Seclusion Initiation and Management (for Mental Health and ED only)
- Mental Health – Seclusion and Restraint Documentation for Nursing
- Provider – Restraint and Seclusion Order Initiation and Management
- Mental Health - Safety and Attendance Page
- Foundational – PowerPlans

Related Positions:

- Nurse
- Provider

Key Words:

- Restraints